The IEM Goal

“To disseminate sound scientific information about food and nutrition amongst professionals and the general public in actionable ways, in order to promote and advance nutritional improvement focusing on the fat quality of diets.”

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IEM activities

www.theiem.org

Founding Event: Barcelona February 2009

Scientific symposia, training & sharing best practices for professionals at conferences

Bangkok, ION, October 2009

Maastricht (NL), ISSFAL, May 2010

Madrid, FENS, October 2011

Cuba, SLAN November 2012

Local conferences

Mexico example

2013: new digital IEM activities

Summary statement & call to action

New website and newsletter

Latin America IEM email group will start

IEM activities

Fill in your email address on the questionnaire to be kept informed

“Health significance of fat quality in the diet: Latin America and Global perspectives”

Chair: Prof Ibrahim Elmadfa

Co-chair: Dr Salvador Villalpando

Doctor Salvador Villalpando

Director of Research for Nutritional Programs and Policies, National Public Health Institute of Mexico

Fatty acids intake and diet of the Mexican population - ENSANUT-2006

Professor Ibrahim Elmadfa

IUNS President

Director and professor, Institute of Nutritional Sciences, University of Vienna, Austria

Requirements and global intake of fatty acids

Doctor Roberta Soares Lara Cassani

Manager and Owner of the Nutrition Institute PhD Roberta Soares Lara Cassani, Brazil, Master and PhD in Biomedical Investigation, University of São Paulo, Brazil.

Co-Researcher of the Laboratory of Investigation in Metabolism and Diabetes (LIMED), UNICAMP, Brazil

How to change people’s diet to help reaching recommendations while taking into account regional dietary specificities? A Brazilian experience.